



Tauheedul  
Charity

# Overview of Tauheedul Charity and Food for All

## 1. Tauheedul Charity

Tauheedul Charity is a global education charity working to transform the lives of children and young people across the world. The charity is driven by a strong sense of social responsibility and believes firmly in community service and in the transformative power of education to achieve lasting change. Our objectives include:

- Inspire young people to be global citizens who can, by their efforts, create a more positive future and improve the lives of those less fortunate than themselves.
- Address poverty in the UK through practical programmes that ignite young people's innate energy and enthusiasm.
- Provide access to educational opportunities in impoverished communities across the world.

The charity has three priority project areas, all designed to engage young people in social action. They are: (1) UK Food for All (2) UK Homelessness and (3) Global Education.

## 2. UK Food for All

The charity has established a unique school based initiative 'Food for All' that aims to tackle food poverty and waste in and around school communities through the establishment of school based Foodbanks, Breakfast Clubs and a food education programme. Today in the UK, **5.8 million** people in the UK live in 'deep poverty' whilst **3.9 million** tonnes of food is wasted every year by the food and drink industry.

*"In households which cannot afford an adequate diet for their children, 93% have at least one adult who 'skimps' on their own food to try to protect the children. Half a million children are not adequately fed in the UK today, not as a result of negligence but due to a lack of money."*  
(Poverty and Social Exclusion UK)

The aims of the Food for All initiative are to:

- Tackle food poverty and food waste in and around the school community through the establishment of school based Foodbanks, breakfast clubs and other food recycling schemes.
- Develop learning and equip schools with teaching and educational tools which strengthen the interrelationship between the School, its community and local stakeholders.
- Implement a programme to raise awareness of, and eradicate, food wastage.
- Promote environmental awareness and responsible citizenship.

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Tauheedul Charity is part of the Tauheedul Group



Tauheedul Group



- Deliver long term health benefits by promoting healthy food and healthy eating in school and at home.
- Develop collective community spirit through local leadership and develop socially responsible project management skills for young people.

Over the past 18 months, the charity has provided over 40,000 meals through its Foodbanks and Breakfast Clubs, based in schools in Blackburn, Bolton, Coventry and London. Our 2020 vision is to develop a national network of 10 Foodbanks, 100 Breakfast Clubs and 1000 schools that participate in our food education programme.

### 3. Blackburn Foodbank

The first Tauheedul Foodbank was launched in May 2013 at Tauheedul Islam Boys' High School, Blackburn. Within the first year, the Foodbank provided food for 14,000 meals to some of the poorest families of Blackburn. This also engaged pupils in running the Foodbank and sparked a passion in the boys for serving the community and becoming champions of the Big Society. In October 2014, the school re-launched the Foodbank following the relocation from Little Harwood to Shadsworth Road. The Foodbank currently operates every Friday between 11.30am - 12.30pm. To date, the Blackburn Foodbank has provided over 20,000 meals.

#### **"I did not eat for three days"**

Michael experienced delays in receiving his benefits and had no access to money. He had no food for three days and was desperate. He cried with gratitude when the Food for All leaflet came through his letter box. When he arrived at the Foodbank at Tauheedul Boys' School in Blackburn, he was ill and dehydrated. For Michael, this was a life saver.

*"I didn't eat for three days in a week and I tell you it's not pleasant. It was really difficult. I remember once walking down here and I was going to faint. The only thing that kept me going was that I knew I was going to get some food that would last me an entire week. I also knew I would be able to come back next week. Food for All helps you for as long as you need it. There's no time span on this. This is a God send." (Michael, Blackburn)*

#### **John Says Thank You**

John's benefits were suspended. He used his savings to pay his bills. John had nothing left in his cupboards and desperately required food. He was referred to the Foodbank by a friend. He said:

*"Tauheedul have helped me massively. I have been able to get food when I have been suspended from job seekers and I have no income. I owe a lot to Tauheedul because they are helping me survive in a sense. When you have no income you are down in the dumps. I am very grateful as they are allowing me to live a life". (John, Blackburn)*





#### 4. Breakfast Clubs in Blackburn

The charity also supports schools in deprived areas of the country with a free Breakfast Club. The link between pupil health and wellbeing and attainment is well established. Eating breakfast has a positive influence on short-term cognition and memory. In Blackburn, the schools we support include Witton Park Academy and Blackburn Central High School.

##### Witton Park Says Thank You

*"Thank you so much for your continued support of Witton Park, this term the items which you have donated to us have been particularly useful and I have managed to feed many students almost every day. Considering that many of these students would not otherwise get breakfast or lunch, this is making a massive difference." (Sue Hall, Witton Park Academy, Blackburn)*

#### 5. Food for All Day 30 January 2015

Food for All Day is a national day in our schools calendar that will take place on Friday 30<sup>th</sup> January 2015. The purpose of the day is to create awareness of food poverty and food waste. We would like to encourage young people to engage in different activities to develop their understanding and provide a platform to make a difference.

The Food for All Day's objectives include:

- To raise awareness of food waste and food poverty in the UK.
- To organise a national school food drive.
- To develop fundraising skills and raise funds for the establishment of Foodbanks and Breakfast Clubs.
- To develop a collective community spirit and encourage schools and young people to think of innovative ways of tackling food poverty and food waste.

Many schools of Blackburn are participating in the Food for All Day. The food collected will be used to feed hungry children and families in the UK.

For further details visit <http://www.tauheedulcharity.org/ffaday/>.

